

19TH MARCH 2022, 9:00 AM - 6:00 PM CET

1ST INTERNATIONAL CET LIPID EXPERT PANEL (ILEP) VIRTUAL SYMPOSIUM ON CARDIOVASCULAR PREVENTION

Symposium Chair: Prof. Maciej Banach

9:00 a.m.	Welcome Message: Prof. Maciej Banach
ILEP Gues	sts - Invited Honorary Lecture
9:00 a.m. 9:20 a.m.	New guidelines on cardiovascular prevention and a focus on old and new risk factors Prof. Naveed Sattar Glasgow, UK
Session 1:	Ongoing Discussion on the Optimal Risk Stratification in Patients at CVD Risk Chair: Prof. Arrigo F.G. Cicero
9:20 a.m. 9:35 a.m.	New (bio)markers in the modern cardiovascular disease diagnosis and management Prof. Dan Gaita Timisoara, Romania
9:35 a.m. 9:50 a.m.	Cardiovascular Risk Assessment: From Global Risk Assessment to Subclinical Atherosclerosis. Role of CAC scoring Prof. Nathan D. Wong Irvine, CA, USA
9:50 a.m. 10:05 a.m.	Redefining cardiovascular risk in type 2 diabetes Prof. Niki Katsiki Thessaloniki, Greece
10:05 a.m. 10:20 a.m.	Utility of genetic testing in CVD prevention Prof. Michal Vrablik Prague, Czechia
10:20 a.m. 10:35 a.m.	Panel Discussion
Session 2:	How Effectively Treat and Prevent Very High and Extremely High-Risk Patients? New Approaches, Innovative Tools. Chair: Prof. Dariusz Dudek
10:35 a.m. 10:50 a.m.	The role of therapy adherence and physicians' inertia in the optimal therapy of patients at very high CVD risk Prof. Zeljko Reiner Zagreb, Croatia
10:50 a.m. 11:05 a.m.	Importance of combination therapy in FH patients – application vs availability Prof. Gustavs Latkovskis Riga, Latvia
11:05 a.m. 11.35 a.m.	Session Pro/Contra 2022 recommendations on prevention of first and recurrent cardiovascular events Early intensive approach – Prof. Maciej Banach, Lodz, Poland 2022 recommendations on prevention of first and recurrent cardiovascular events Stepwise approach – Prof. Lale Tokgözoğlu, Ankara, Turkey
11:35 a.m. 11:50 a.m.	The Role of Digital Health in Lipid Management and Cardiovascular Disease Prevention Prof. Seth S. Martin Baltimore, USA
11:50 a.m. 12:05 p.m.	Panel Discussion
ILEP Gues	sts - Invited Honorary Lecture
12:05 p.m.	Epigenetic modifications in cardiometabolic disorders as s way for effective therapy and prevention Prof. Francesco Paneni

International Lipid Expert Panel

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Session 3:	Effective Prevention in Real-Life Practice Chair: Prof. Richard Ceska
12:25 p.m. 12:40 p.m.	Universally accessible Primary CVD Prevention Programme we execute in Slovenia now for almost 20 years Prof. Zlatko Fras Ljubljana, Slovenia
12:40 p.m. 12:55 p.m.	The prevalence of dyslipidemia and achievement of therapeutic goals among primary care patients in Poland – results from the LIPIDOGRAM 2015 study Prof. Jacek Jozwiak Opole, Poland
12:55 p.m. 13:10 p.m.	FH in the Arabian Gulf region – new real-world data on diagnosis and therapy Prof. Fahad Alnouri Riyadh, Saudi Arabia
13:10 p.m. 13:25 p.m.	Lp(a) and Lipoprotein Apheresis – the current state of knowledge and real-life experience Prof. Claudia Stefanutti Rome, Italy
13:35 p.m.	Panel Discussion
13:50 p.m.	
Session 4:	Comprehensive Prevention, Not Only Lipids Stupid! Chair: Prof. Matteo Pirro
13:50 p.m. 14:05 p.m.	Premature MI – lipids? Lp(a)? genetics? - an attempt at diagnostic and therapeutic optimal management pathway Prof. Peter P. Toth Chicago, USA
14:05 p.m. 14:20 p.m.	Prediction of the rate of progression of atherosclerotic changes - role of inflammation Prof. Arman Postadzhiyan Sofia, Bulgaria
14:20 p.m. 14.35 p.m.	Atherogenic dyslipidemia and residual cardiovascular risk: novel therapeutical approaches Prof. Manfredi Rizzo Palermo, Italy
14:35 p.m. 14:50 p.m.	New/innovative approaches for the treatment of severe hypertriglyceridemia Prof. Ioanna Berthold Cologne, Germany
14:50 p.m.	Panel Discussion
15:05 p.m.	
ILEP Gues	sts – Invited Honorary Lecture
15:05 p.m.	What is the best diet for effective CVD prevention?
15:25 p.m.	Prof. Erin Michos Baltimore, USA



18:00 a.m.

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PREVENTION

Session 5:	Dyslipidemia as a Risk Factor Worsening the Course of Other Chronic Diseases Chair: Prof. Carlos Escobar
15:25 p.m. 15:40 p.m.	Can antidiabetic therapy affect dyslipidemia, and can lipid reduction optimize the treatment of diabetes? Prof. Gani Bajraktari Prishtina, Kosovo
15:40 p.m. 15:55 p.m.	NAFLD and vascular risk – what we know and what we should know? Prof. Dimitri P. Mikhailidis London, UK
15:55 p.m. 16:10 p.m.	Ventriculo-arterial coupling - this is the road to heart failure Prof. Dragos Vinereanu Bucharest, Romania
16:10 p.m. 16:25 p.m.	Vascular disease and its effects on cognition – how to treat to improve both? Prof. Patrick M. Moriarty Kansas City, USA
16:25 p.m. 16:40 p.m.	Panel Discussion
in CVD pr	ention RoundTable: What are the largest unmet needs and challenges evention in Europe and worldwide – from education, healthcare system ion, drug availability to innovative tools and coordinated care.
16:40 p.m. 17:55 p.m.	Moderator: Prof. Maciej Banach Experts: Prof. Ioanna Berthold, Prof. Zeljko Reiner, Prof. Michal Vrablik, Prof. Peter P. Toth, Prof. Niki Katsiki, Magdalena Daccord.
17:55 p.m.	Closing Message: Prof. Maciej Banach